



Axe Valley Runners and Axmouth Village Hall
present the



AXMOUTH CHALLENGE

on Sunday 6th January 2019 at 10:00am

Held under ARC Rules. Permit applied for.

A choice of four distances around Axmouth Village, all multi-terrain, but more on- than off-road, mostly quiet lanes & off-road trails.

Race HQ is at **Axmouth Village Hall, EX12 4AF**, and the start and finish is at the phone box in the village.

There will be soup & rolls for all runners at the village hall after the race; other refreshments will be for sale to runners and spectators, with all proceeds in aid of Village Hall funds.

This is the first race in the East Devon Community Race Series. Details at AxeValleyRunners.org.uk/races/series.htm

Races: (Note that what used to be called the 10-miler is actually about 9.2m so has been renamed!)

9 miles	£9 (£11 unaffiliated adults)	Min age = 17	Medals for first 3 male & female U50 and 50+
5 miles	£6 (£8 unaffiliated adults)	Min age = 16	Medals for first male & female
3 miles	£3 (£5 unaffiliated adults)	Min age = 12	Medals for first 3 M/F 12/13yrs & 14/15yrs
1 mile	Free	Min age = None	Medals for all under 12yrs

You can either post this completed entry form with a cheque payable to *Axmouth Village Hall* or just email the required details (plain text is fine - no need to scan the entry form) and pay on the day. NO SAE NEEDED – collect numbers on the day.

Garry Perratt, Coombe Bank Cottage, Cooks Lane, Axminster, Devon EX13 5SJ
01297 34604 / Garry.Perratt@AxeValleyRunners.org.uk

Axmouth Challenge 2019

Name: Race: 9m 5m 3m 1m

Club:

Gender: Male / Female

Age on race day:

Address:

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..... Phone:

Disclaimer: I will abide by the rules of the event as laid down by the Association of Running Clubs, I will run only if I am physically and medically fit to do so, and I will not hold the organisers liable for any loss or injury incurred as a result of my entry.

Signed: Date: