

November	Start	-5s				
Julia Mallon ^{1/35:21}	00:00	00:-5 ⁰		Sarah Shepley ^{28:23}	06:58	06:53 ^{1:22}
				Paul Chapman ^{28:14}	07:07	07:02 ⁹
Rachel Hiscox ^{1/34:28}	00:53	00:48 ⁵³		David Jefferies ^{28:11}	07:10	07:05 ³
				Henry Smith ^{28:08}	07:13	07:08 ³
Dave Mutter ^{33:02}	02:19	02:14 ^{1:26}		Carol Austin ^{27:48}	07:33	07:28 ²⁰
Sandra Mortimer ^{32:52}	02:29	02:24 ¹⁰		Caroline French ^{1/27:42}	07:39	07:34 ⁶
Paul Tolchard ^{1/32:44}	02:37	02:32 ⁸		Steve Lewis ^{27:35}	07:46	07:41 ⁷
Craig Tiley ^{32:38}	02:43	02:38 ⁶		Cliff Marriott ^{27:34}	07:47	07:42 ¹
				Chris Hill ^{27:31}	07:50	07:45 ³
Kerrie Teasdale ^{1/31:55}	03:26	03:21 ⁴³		Anna McLoughlin ^{27:17}	08:04	07:59 ¹⁴
Helen Holmes ^{31:45}	03:36	03:31 ¹⁰		David Cooke ^{27:11}	08:10	08:05 ⁶
Elaine Hourihan ^{1/31:41}	03:40	03:35 ⁴		Keith Agland ^{27:01}	08:20	08:15 ¹⁰
Chris Driver ^{1/31:27}	03:54	03:49 ¹⁴		Ben Clayton ^{26:54}	08:27	08:22 ⁷
				Nick Adams ^{26:44}	08:37	08:32 ¹⁰
Angela Kerr ^{1/30:35}	04:46	04:41 ⁵²		Fran Hodson ^{26:38}	08:43	08:38 ⁶
				Alan Morbey ^{26:36}	08:45	08:40 ²
Andy Sayers ^{29:58}	05:23	05:18 ³⁷		Kevin Feeney ^{26:27}	08:54	08:49 ⁹
Robert Kerr ^{29:45}	05:36	05:31 ¹³		Mark Spraggs ^{26:26}	08:55	08:50 ¹
				Phil Bayliss ^{26:13}	09:08	09:03 ¹³
				Nicola Rendell ^{26:11}	09:10	09:05 ²
				Paul Johns ^{26:07}	09:14	09:09 ⁴
				Liam Denny ^{25:58}	09:23	09:18 ⁹
				Steve Haines ^{25:56}	09:25	09:20 ²
				Richard Jackson ^{25:47}	09:34	09:29 ⁹
				Roger Bramley ^{25:43}	09:38	09:33 ⁴
				Margaret Pearce ^{25:42}	09:39	09:34 ¹
				Malcolm Greenslade ^{25:22}	09:59	09:54 ²⁰
				Lou Tucker ^{25:12}	10:09	10:04 ¹⁰
				Sue Hayes ^{25:12}	10:09	10:04 ⁰
				Kerry Board ^{25:05}	10:16	10:11 ⁷
				Eleanor Wood ^{24:51}	10:30	10:25 ¹⁴
				Andrew Hartnell ^{24:47}	10:34	10:29 ⁴
				Matt Dominey ^{24:28}	10:53	10:48 ¹⁹
				Ferenc Kovacs ^{24:26}	10:55	10:50 ²
				Tim Sibley ^{24:23}	10:58	10:53 ³
				Karen Eyre ^{24:11}	11:10	11:05 ¹²
				James Ashforth ^{23:56}	11:25	11:20 ¹⁵
James Glennie ^{21:20}	14:01	13:56 ³³		Chris Keeffe ^{23:29}	11:52	11:47 ²⁷
John Blackledge ^{21:18}	14:03	13:58 ²		Chris Polley ^{23:29}	11:52	11:47 ⁰
Simon Bayliss ^{1/21:13}	14:08	14:03 ⁵				
Rob Collier ^{21:09}	14:12	14:07 ⁴		Ian Apps ^{23:02}	12:19	12:14 ²⁷
Matt Hewer ^{21:01}	14:20	14:15 ⁸		James Guler ^{22:51}	12:30	12:25 ¹¹
Ollie Rodger ^{20:58}	14:23	14:18 ³		Jon Day ^{22:51}	12:30	12:25 ⁰
Geoff Davey ^{1/20:44}	14:37	14:32 ¹⁴		Rupert Pady ^{22:47}	12:34	12:29 ⁴
Luke Reed ^{1/20:24}	14:57	14:52 ²⁰		Joel Seward ^{22:35}	12:46	12:41 ¹²
				Lee Moran ^{22:16}	13:05	13:00 ¹⁹
Matt Clist ^{19:23}	15:58	15:53 ^{1:01}		Karl Hodson ^{22:06}	13:15	13:10 ¹⁰
				Anthony Chadwick ^{21:53}	13:28	13:23 ¹³
James Green ^{18:51}	16:30	16:25 ³²				