



# The Grizzly 2025

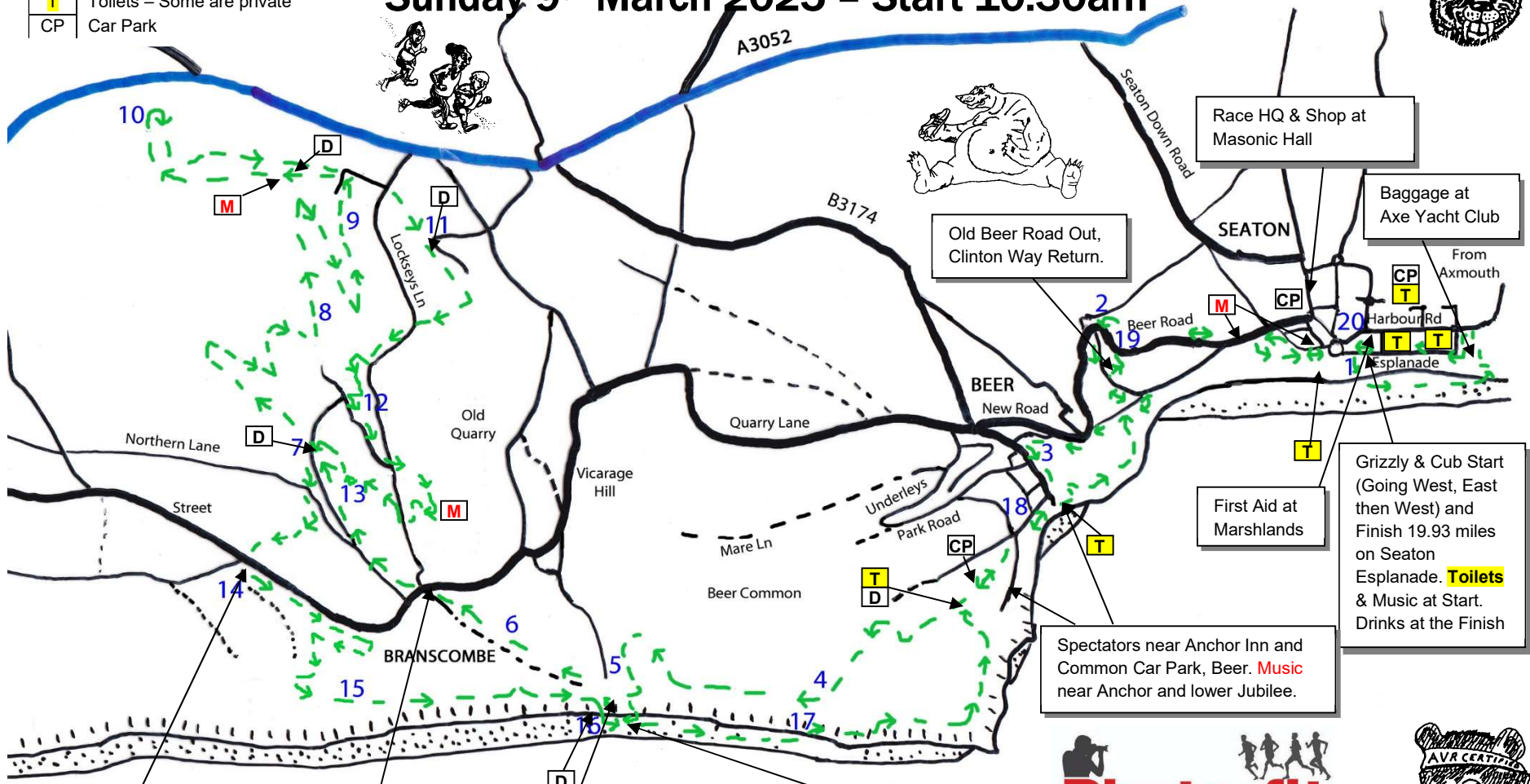


Key:- Distances in Grizzly Miles.

- D** Drinks for runners only
- M** Music en route
- T** Toilets – Some are private
- CP** Car Park

## “Who Let the Bogs Out?”

### Sunday 9<sup>th</sup> March 2025 – Start 10:30am



Race HQ & Shop at Masonic Hall

Baggage at Axe Yacht Club

Old Beer Road Out, Clinton Way Return.

First Aid at Marshlands

Grizzly & Cub Start (Going West, East then West) and Finish 19.93 miles on Seaton Esplanade. **Toilets** & Music at Start. Drinks at the Finish

Spectators near Anchor Inn and Common Car Park, Beer. **Music** near Anchor and lower Jubilee.

Fountain Head Pub  
**Music - Toilets**

Branoc Hall  
Parking, **Toilets**,

Sea Shanty. Parking  
**Toilets, Music**

Cub Split at Sea Shanty, then back along beach. Drinks just after split. Grizzly Memorial nearby.



SEEK – STRIVE - ATTAIN